

Family Matters in Warwickshire

Child & Adolescent Mental Health Services (CAMHS)

Within the NHS, the range of professionals who work with emotional, social and behavioural difficulties with children, young people and their families are organised into CAMHS.

The disciplines contained within each team vary depending on your local area but may include: clinical psychologists, child and adolescent psychiatrists, nurse therapists, art therapists, systemic family therapists, child psychotherapists, social workers and occupational therapists.

CAMHS teams therefore contain a wealth of expertise.

When you are concerned about the emotional wellbeing of your child, you should discuss with your GP, health visitor or other involved professionals, whether you should be referred to CAMHS.